



**31st National Conference of  
Indian Association for Social Psychiatry**  
Organised by  
Department of Psychiatry & Clinical Psychology  
JSS Medical College & Hospital, Mysuru

*Theme :*

**“Generational Transformation  
in 21st Century : Focus on Sexuality,  
Gender and Relationships”**

**4th to 6th  
November 2024**

**REGISTER  
*Now***

**Last Day  
Left**

**Karnataka Medical Council has awarded  
"Five hours" of Accreditation vide letter  
KMC/CME/0490/2024 dated 28 Oct 2024**

**VENUE**

**Sri Rajendra Centenary Auditorium, JSS Hospital,  
M G Road, Mysuru - 570004, Karnataka, India.**

**FINAL ANNOUNCEMENT**

[contact@iasp2024mysore.com](mailto:contact@iasp2024mysore.com)

# MESSAGE FROM PRESIDENT & SECRETARY GENERAL, IASP



**Dr U C Garg**  
President IASP



**Dr Varghese P Punnoose**  
Secretary General, IASP

**Dear All,**

As Mysuru, the ancient city in Karnataka is getting ready to host the 31st National Conference of Indian Association for Social Psychiatry, I am extremely happy to invite you all to participate in this landmark event which is going to be held from 4th to 6th November 2024.

The theme of this conference is a well thought out one: "GENERATIONAL TRANSFORMATION in 21st CENTURY- Focus on Gender, Sexuality and Relationships". We expect experts to spark our brains on the paradigm shifting trends happening in the lives of the Gen Z population and how these changes can affect the mental health of the nation.

The organizing committee under the leadership of the very experienced organizer and academician Prof TSS Rao are already set to bring out a big feast, not only on the academic avenue, but also in the cultural part too. Mysuru, hosting the NCIASP for the second time is eagerly awaiting your presence and participation.

Kindly register early and send your proposals for presentations and scientific sessions well within the time schedule

**For any information regarding the conference, please contact**

**Dr T S Sathyanarayana Rao**

Organizing Secretary

Professor Emeritus in Psychiatry and Chief Coordinator of Psychosexual Medicine

Department of Psychiatry

No 1111, 1st Floor, 'B' Block,

JSS Academy of Higher Education and Research

JSS Medical College and Hospital

M.G. Road, Mysore - 570004

Email: [tssrao19@gmail.com](mailto:tssrao19@gmail.com)

# MESSAGE FROM ORGANIZING SECRETARY, IASP

**Dear All,**

Greetings from the Indian Association for Social Psychiatry!

We are thrilled to announce that the 31st National Conference of the Indian Association for Social Psychiatry (NCIASP) will take place from 4th to 6th November 2024 at JSS Medical College, Mysuru. This year's theme, "Generational Transformation in the 21st Century: Focus on Sexuality, Gender, and Relationships," promises to inspire thoughtful discussions and groundbreaking insights. The conference will feature a wide range of sessions, including the presidential address, invited lectures, symposiums, award papers, and free paper/poster presentations.

We invite you to actively participate by submitting abstracts, symposium proposals, or nominations for the IASP awards. Your presence and contributions will enrich the discussions and help shape the future of social psychiatry.

Mysuru, often referred to as the "Cultural Capital of Karnataka," is a city steeped in history, art, and heritage. Located in southern India, it is known for its royal palaces, gardens, and temples. Mysuru is also a hub for higher education with esteemed institutions like the University of Mysore. The city's delectable Mysore Pak, a traditional sweet, reflects its rich culinary culture.

Mysuru maintains a balance between its historical roots and modernity, with shopping malls like the Mall of Mysuru and bustling local markets. The city's cleanliness, often topping the Swachh Bharat rankings, contributes to its appeal as a green, livable city.

We look forward to welcoming you to Mysuru for this significant event.

Warm regards,

**Dr T S Sathyanarayana Rao**

Professor Emeritus in Psychiatry  
Chief Coordinator of Psychosexual Medicine  
Organizing Secretary, NCIASP 2024  
Department of Psychiatry,  
JSS Medical College and Hospital  
JSSAHER, M.G.Road, Mysuru



# MESSAGE FROM ORGANIZING CHAIRMAN, IASP

At the Department of Psychiatry, JSS Medical College, JSS Academy of Higher Education & Research, we are delighted to host the prestigious national conference of Indian Association of Social Psychiatry(IASP). Our department has been in the forefront of psychiatry education in undergraduate and postgraduate studies. We pioneered in Sexual medicine clinic and psycho-sexual fellowship courses, with a continued focus to serve the community in every aspect of social health services. We believe the IASP National Conference 2024 will be memorable and we welcome you all to heritage city of Mysuru.

**Dr Kishor**

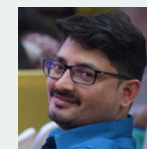
Professor & HOD  
Department of Psychiatry  
Organizing Chairman, NCIASP 2024  
JSS Medical College & Hospital  
JSSAHER, M.G.Road, Mysuru



The Dept of Clinical Psychology, JSS Medical College and Hospital, Mysuru is delighted to collaborate and organize this 31st National Annual Conference of the Indian Association of Social Psychiatry, where the core areas of work from both clinical psychology and psychiatry meet. Our department being one of the most looked after M.Phil. training private institutions in India has been effectively imparting quality training in the varied areas of clinical psychology through its wide bio-psycho-social approach implied not only in clinical practice but also in academics and research. We wish you all a great experiential learning period during the three days of the conference.

**Dr Manoj K Pandey**

Associate Professor & Head  
Dept of Clinical Psychology  
Organizing Co-Chairman, NCIASP 2024  
JSS Medical College and Hospital  
JSSAHER, M.G.Road, Mysuru



## THE EXECUTIVE COUNCIL OF IASP



**Dr. UC Garg**  
President



**Prof. Varghese Punnoose**  
Secretary General



**Prof. Debasish Basu**  
President Elect



**Prof. Mamta Sood**  
Vice-President



**Dr. G S Kaloiya**  
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Editor, IndJSP



**Dr. Jaimon PM**  
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**Prof. Pratap Sharan**  
Immediate Past President



**31ST NATIONAL CONFERENCE OF  
INDIAN ASSOCIATION FOR SOCIAL PSYCHIATRY (NCIASP 2024)  
SCIENTIFIC PROGRAMME**

**“GENERATIONAL TRANSFORMATION IN 21ST CENTURY: FOCUS ON SEXUALITY, GENDER AND RELATIONSHIPS”**

**Day 1: Monday, 4th November 2024**

Time	Hall A Registration 8.00 AM
09.00 AM - 10.00 AM	<b>Workshop 1</b> 'From Fear to Flourishing: An Enhanced Attempt in Exposure Therapy' Narendra Nath Samantaray Chair : Rithvik S Kashyap, Patteshwari D
10.00 AM – 11.30AM	<b>Theme symposium:</b> “Generational Transformation in 21st century: Focus on Sexuality, Gender and Relationships” Chair : Uttam C Garg, Manoj K Pandey <b>BOOK RELEASE:</b> “GENERATIONAL TRANSFORMATION IN 21ST CENTURY – FOCUS ON GENDER, SEXUALITY AND RELATIONSHIP” – Emeritus Prof. Dr T S S Rao, Dr Shivananda Manohar J, Dr Suman S Rao, Dr Vikram G Debashish Basu: 'What are generations? The conundrum and the contentious consensus!' Mamta Sood: 'Changing Generational Relationships in 21st Century' Varghese P Punnoose: 'Child Development in an Era of Early Digital Exposure' G S Kaloiya: 'Psychological aspects of generational change in Indian society'
11.30 AM -11.45 AM	Tea
11.45 AM- 12.30 PM	<b>Invited Lecture 1</b> 'Climate change crisis- Mental health, Ecology and Ethics' Roy Abraham Kallivayalil Chair : Debasish Basu, Mamta Sood
12.30 PM – 01.30PM	Inauguration& Awards Distribution
01.30 PM – 02.30 PM	<p style="text-align: center;"><b>Lunch</b> <b>E Posters</b></p> <p style="text-align: center;"><b>Chair : Kumari Rina, Kamini Verma, Trishala D</b></p> <ol style="list-style-type: none"> <li>1. Yogender Malik</li> <li>2. Shikha Tyagi</li> <li>3. Reshma R</li> </ol> <p style="text-align: center;"><b>29th NCIASP Agra Award for Free Posters (1st &amp; 2nd)</b></p>
2.30 PM – 3.00 PM	<b>Presidential Address</b> Uttam C Garg Chair : Rakesh K Chadda, Varghese P Punnoose
3.00 PM – 4.30 PM	<b>Balint Award</b> Chair : P Joseph Varghese, Jaimon P M <ol style="list-style-type: none"> <li>1. Dr Snehil Gupta</li> <li>2. Dr KK Mishra</li> <li>3. Dr Mahadev Singh Sen</li> </ol>
4.30 PM – 5.15 PM	<b>Invited lecture 2</b> 'Biomarkers for Bipolar disorder - can they influence early interventions ?' Muralidharan K Chair : Pratap Sharan, Sandeep Grover
5.15 PM – 5.45 PM	<b>J K Trivedi Award</b> Chair: Rohit Verma, Joice Geo <ol style="list-style-type: none"> <li>1. Dishaben R Patel, Vaibhav Patil, Merlin Mathew, Arnab Datta, Pratap Sharan, Mamta Sood</li> <li>2. Tanisha Pruthi, Shiv Prasad, Om Sai Ramesh, Nitin Raut</li> </ol>
5.45 PM – 6.30 PM	<b>Anil Malhotra Award</b> Chair: Smitha Ramdas, Koushik Sinha Deb <ol style="list-style-type: none"> <li>1. Yogender Malik, Adwitiya Ray, Sujata Sethi, Rajiv Gupta</li> <li>2. Vinit Patel, Ravindra Rao, Roshan Bhad, Ashwani K Mishra, Rizwana Quraishi, Yashdeep Gupta</li> <li>3. Aseem Mehra, Rahul Chakravarty</li> </ol>

6.30 PM – 8.00 PM	Annual EC JSS Medical College, Mysore
8.00 PM	Dinner

## Day 2: Tuesday, 5th November 2024

Time	Hall A	Hall B	Hall C	Hall D
8.00 AM- 9.00 AM	Free papers 1-5 Chair : Chandrima Naskar, Bhavuk Garg, Megha Sadashiv	Free papers 6-10 Chair : Shiv Prasad, Yogender Malik, Asmita Jain	Free Papers 11-15 Chair : Prerna Kukreti, Shruti Srivastava, Abhiram Ajay	Free Papers 16-20 Chair : Gemima Job, Chidatma Arampady, Narendra Nath Samantaray
9.00 AM – 10.00AM	Workshop 2 Social Psychiatry Training in Competency -based Medical Education (CBME) for UGs & PGs M Kishor, Anil Kumar MN, Shivanand Manohar, Pradeep Kumar PC			
	Hall A	Hall B	Hall C	Hall D
10.00 AM – 11.00 AM	Symposium 1 Maika, Women and Mental Illness Indira Sharma, Vinay H R, Shruti Srivastava, KK Mishra Chair: Siddharth Sarkar, Pradeep Kumar PC,	Symposium 2 The Role of technology in suicide Prevention: Risks and opportunities Chandrima Naskar, Harshita Biswas, Harshini Biswas, Chair: Ramprasad Attur, Pallavi Rajhans	Symposium 3 Insomnia and mental health: Epidemiology, gender differences, impact, Assessment and possible interventions. Subodh B N, Maikandaan C J, Guruprasad C, Manjunath R Bajantri, Jeyaram S Chair: Aniruddha Basu, Aseem Mehra	Symposium 4 Sexual Reassignment Procedures in India: The Role of Mental Health Care Professionals Prerna Kukreti, Shiv Prasad, Bhavuk Garg, Chair: Nitin Raut, Mahadev Singh Sen
11.00 AM -11.15 AM	Tea			
11.15AM - 12.00 PM	NN De Oration Chair: Sandeep Kumar Goyal, KK Mishra Pratap Sharan 'Chronicling the ICD-11 MBNDD saga for Generation Beta'			
12.00 PM - 01.00 PM	GC Boral Award Chair: Abdul Majid, M Kishor 1. Narendra N Samantaray, Zokaitluangi 2. Anil Kumar M N, Sheena S Agarwal. 3. Raj Laxmi, Swapnajeet Sahoo, Sandeep Grover, Ritu Nehra			
01.00 PM – 02.00 PM	BB Sethi Award Poster Session Chair : Snehil Gupta, 1. Anil Kumar M Nagaraj, Anjali Prakash, Abhiram M, PSVN Sharma 2. Adwitiya Ray, Yogender Malik ,Sujata Sethi, Rajiv Gupta LUNCH			
2.00 PM – 2.45 PM	Invited Lecture 3 'Ethical Challenges in Clinical Psychiatry in 21st Century' Rakesh K Chadda Chair: Indira Sharma, Jitender Aneja			

2.45 PM – 3.45 PM	<b>Plenary Symposium</b> <b>Chair: IRS Reddy, Shikha Tyagi</b> <b>Psychosexual Aspects in Social Psychiatry Practice</b> Kishor M Shivanand Manohar Murali M R Krishna K R			
3.45 PM – 4.45 PM	<b>Symposium 5</b> <b>Drugs, alcohol, and intimate relationships : Where, when and how mental health professionals can be of help?</b> Garui Shanker Kaloiya, Siddharth Sarkar, Aniruddha Basu <b>Chair: Om Sai Ramesh, Vasudha Rao</b>	<b>Symposium 6</b> <b>Feasibility of Social Contact as an Anti-stigma Intervention to reduce Stigma of Mental Illness</b> Ranjitha , Divyata, Tanushree Gaur, Gurucharan <b>Chair: Santosh Loganathan, Pooja Sakhya</b>	<b>Symposium 7</b> <b>Family Pathology and Child mental health</b> Varghese P Punnoose, Bino Thomas, Tony Lazar Thomas <b>Chair: Subodh B N, Ankita Chattopadhyay</b>	<b>Workshop 3</b> <b>Psychotherapy skills: Theory to practice</b> Naveen Grover <b>Chair: Manoj K Pandey, Sudeep P K</b>
5.00 PM Onwards	Annual GB Meeting			
7.45 PM Onwards	Banquet Dinner			

### Day 3: Wednesday , 6th November 2024

Time	Hall A	Hall B	Hall C	Hall D
9.00 AM – 10.00 AM	<b>PG QUIZ</b> Snehil Gupta Murali MR Akshatha C J	<b>Free Papers 21-25</b> <b>Chair : Prince Rajamanickam, Nirmal Kumar Mogane, Prasad Kumar R</b>	<b>Free Papers 26-30</b> <b>Chair : Nimmy Chandran, Akanksha Shukla</b>	<b>Free Papers 31-35</b> <b>Chair : Bandita Abhijtha, Subodh B.N, Chiral Guru Prasad</b>
Time	Hall A	Hall B	Hall C	Hall D
10.00 AM – 11.00 AM	<b>Symposium 8</b> <b>Sexual Health During Pregnancy and Postpartum: Navigating Changes, Challenges, and Care</b> Nitin Raut, Perna Kukreti, Om Sai Ramesh, <b>Chair:Shivanand Manohar, Brunda B</b>	<b>Symposium 9</b> <b>Current perspectives and understandings in transgender mental health and well-being</b> Mahadev Singh Sen, Romil Saini, Pooja Shakya, Nishtha Chawla <b>Chair: Vipul Janardhan, Anitha Prasad</b>	<b>Symposium 10</b> <b>Trust me...I am your doctor, unless you want a second opinion!"Ethical and practical approaches in Doctor-Patient Relationship</b> Rosali Bhoi, Kamini Verma, Kumari Rina,Debadatta Mohapatra <b>Chair: Naveen Grover, Swapnajeet Sahoo,</b>	<b>Symposium 11</b> <b>Breaking the Silence: The need for assessing Sexual Functioning in Patients with Substance use disorders</b> Ankita Chattopadhyay, Sayani Bisoi, Jaswant Jangra <b>Chair: Murali M R, Suttur Malini</b>
11.00 AM -11.30 AM	Tea			
11.30 AM -12.30 PM	<b>Plenary Session</b> <b>Chair: Roy Abrham Kallivayalil</b> <b>'The Role of Social Media in shaping Sexuality, Gender and Relationships among Digital Natives'</b> Vipul Janardhan, TSS Rao			
12.30 PM Onwards	<b>Valedictory Function and Installation of New President</b> <b>LUNCH</b>			

# REGISTRATION CHARGES INCLUDING GST

SL.NO	Delegate	From 21st October and Spot Registration
1	IASP Member	Rs. 9000/-
2	IPS/SAARC Members	Rs. 10000/-
3	Non-Member	Rs. 11000/-
4	Accompanying Person Senior IASP Members>65 Years	Rs. 7000/-
5	PG Students	Rs. 7000/-
6	UG Students	Rs. 5000/-
7	Overseas Delegate	Rs. 22000/-
8	Corporate Delegate	Rs. 55000/-

## Payment details :

**BANK NAME** : STATE BANK OF INDIA  
**ACCOUNT NAME** : KARNATAKA SEXUAL SCIENCES ACADEMY(R)  
**ACCOUNT NUMBER** : 38450832183  
**IFSC CODE** : SBIN0040249  
**GST NUMBER** : 29AADTK9027A1ZP  
**ADDRESS** : STATE BANK OF INDIA JSS COLLEGE BRANCH,  
RAMANUJA ROAD,MYSORE 570004, KARNATAKA







# 31st National Conference of Indian Association for Social Psychiatry



**"Generational Transformation in 21st Century: Focus on Sexuality,  
Gender and Relationships"  
4th-6th November 2024**

## REGISTRATION FORM

NAME : \_\_\_\_\_

DATE OF BIRTH : \_\_\_\_\_

GENDER :  MALE  FEMALE  OTHER

ADDRESS : \_\_\_\_\_

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DO YOU HAVE ANY ACCOMPANYING PERSON ?

YES  NO

ACCOM. PERSON NAME : \_\_\_\_\_ RELATIONSHIP : \_\_\_\_\_

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YES  NO

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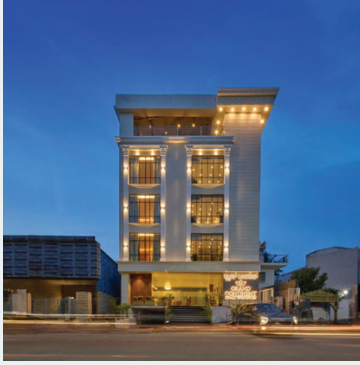
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# ACCOMMODATION



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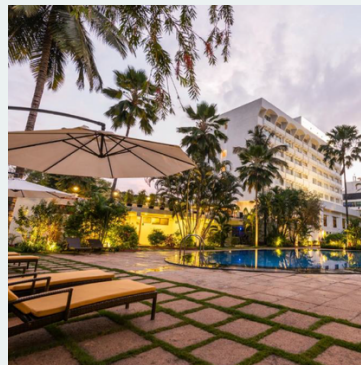
**Ginger Mysore**



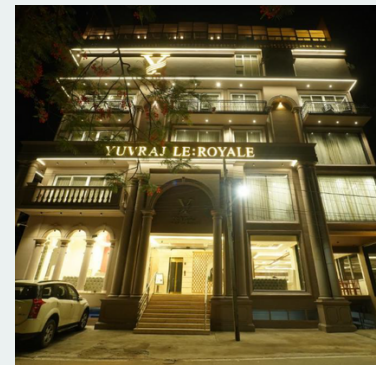
**Regenta Central Javaji, Mysore**



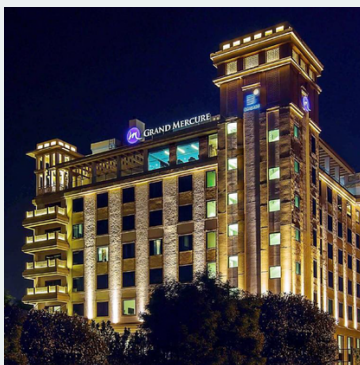
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